



## 2010 JUNIOR SAINTSATIONS

PERFORM AT A SUPERBOWL CHAMPION NEW ORLEANS SAINTS  
FOOTBALL GAME!

With the most anticipated season in New Orleans Saints History, make sure your future cheerleader or dancer is part of one of the Regular Season Games in one of the HALFTIME SHOWS!

The Junior Saintsations will perform in the Halftime show on December 12 when the World Champion New Orleans Saints return to the Superdome for their game against the St. Louis Rams.

The Junior Saintsation program is a great opportunity for young ladies 6 to 16 years of age to learn basic dance and cheer techniques from the 2010 Saintsations while making friends and having lots of fun! The Saintsations are zealous in their involvement in the community and always look forward to any occasion that they can work with young people.

In addition to participating in this amazing season with our Super Bowl Champions, as a Junior Saintsation you will receive a practice t-shirt, the official Jr. Saintsations uniform, pom poms, an autograph session with the Saintsations, & a 2010 Saintsations team photo. Every Junior Saintsation

will be required to attend the practice on Saturday December 4 and the game performance on Sunday, December 12.

## 2010 Junior Saintsations

You can be “in that number” dancing on the field of the Louisiana Superdome as a member of the “Junior Saintsations.” The “Junior Saintsations” will perform during the Halftime festivities of a New Orleans Saints home football game.

The program is open to young ladies 6 to 16 years of age. Participants must attend the training class, field rehearsal and the game performance. Junior Saintsations will learn basic dance and cheer techniques, develop performance skills and make new friends. Members of the 2010 Saintsations will serve as instructors and counselors.

The 2010 Training Class will be held at the New Orleans Saints practice facility, located at 5800 Airline Drive. This mandatory training class will take place from 11 a.m.- 3 p.m. on Saturday December 4<sup>th</sup>. Participants are encouraged to pre-register early. Once your registration papers and fees are received, you will receive an email confirmation with more details.

### Junior Saintsations 2010 Fall Schedule:

|                |  |                                     |
|----------------|--|-------------------------------------|
| Training Class | Saturday December 4 <sup>th</sup>  | 11:00 a.m.- 3:00 p.m.               |
| Performance    | Sunday, December 12 <sup>th</sup><br>New Orleans Saints v.<br>St. Louis Rams | Halftime Show<br>3:05 p.m. kick-off |

### Members will need:

White tennis shoes & white socks      Black shorts

New Membership Fee:      \$ 175.00    Current Membership Fee:      \$100.00

## Game Package Includes:

- Dance Instruction Seminars with the Saintsations
- 1 Half-time Performance with the Saintsations
- Other possible performance opportunities
- Official Jr. Saintsations Uniform (Cheer skirt, Cheer top, Briefs and Bow)
- Practice Shirt
- Pom Poms

- 2010 Saintsations Team Photo
- Autograph Session

### **Saints Game tickets:**

*You must have a ticket to enter the stadium and watch the performance. Should you need tickets for family and friends, visit [www.neworleanssaints.com](http://www.neworleanssaints.com) to purchase tickets through the New Orleans Saints. Please note: You must purchase a game ticket for the Junior Saintsation as she enters the stadium as a fan and then reports for the performance at 2<sup>nd</sup> quarter.*

### **To become a Junior Saintsation: (Please register early)**

#### **Complete the four (4) attached forms:**

- 1- Enrollment Form
- 2- Release of Liability/Medical Release Form
- 3- Rules and Regulations Form
- 4- Release and Consent Form

#### **Enclose the Membership Fee:**

- Membership Fee must be paid in full NO LATER THAN November 30, 2010.
- Check or money order payable to: **St. All-Star, LLC**

**Mail forms and fees to: Junior Saintsations/St. All-Star  
P.O. Box 1062  
Mandeville, LA 70470**

*For more information:  
Email [saintsations@gmail.com](mailto:saintsations@gmail.com)*

# 2010 Junior Saintsations

## Registration & Enrollment Form

**\*\* Every Junior Saintsation must complete and return this form \*\***

**\*\*Please print or type\*\***

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

Emergency Phone 1-(\_\_\_\_) \_\_\_\_\_ 2-(\_\_\_\_) \_\_\_\_\_

E-mail address (required for communication) \_\_\_\_\_

School Attending \_\_\_\_\_

School Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Grade Level \_\_\_\_\_ Local Newspaper \_\_\_\_\_

\*Uniforms are ordered specifically for each participant. Change of sizes and exchanges are not allowed. **Our experience has shown that uniforms run small.**

**T-Shirt Size:** Child X-Small (4) Child Small (6-8) Child Medium (10-12) Child Large (14-16)  
Circle one  
Adult Small (Bust 32-34) Adult Medium (34-36) Adult Large (36-38) Adult XL (38-40)

**Uniform Skirt Size: (See Size Chart)** \_\_\_\_\_ **Uniform Top Size: (See Size Chart)** \_\_\_\_\_

*\*\*\*Check or money order payable to St. All-Star LLC – Mail completed form and payment to:*  
**Junior Saintsations/St. All-Star**  
**P.O. Box 1062**  
**Mandeville, LA 70470**

Referred by: \_\_\_\_\_

# Junior Cheerleader Uniform Sizing Information

\*Uniforms are ordered specifically for each participant. Change of sizes and exchanges are not allowed. Our experience has shown that uniforms run small.

\*Take your body measurements and compare to the chart below. The chart indicates the size most people with similar body measurements would be comfortable wearing.

\*Tops feature a stretch back for maximum comfort and fit, as well as 1" side seams that allow for up to 3" in alterations for a customized fit.

\*Skirts have been designed with a stretch waistband which allows for the ultimate in comfort and fit, as well as an extra button for an added size customization.

1. Center Back Length-Measure from neckline to waistline
2. Waist-Measure around body at the natural waistline.
3. Hip-Measure around fullest part of hip.
4. Chest-Measure around fullest part of bust and straight across the back.

## TOP SIZING:

### ADULT SIZES FOR UNIFORM TOP

|                    | AS    | AM    | AL    | AXL   | 2XL   |
|--------------------|-------|-------|-------|-------|-------|
| Center Back Length | 18"   | 18 ½" | 19"   | 20"   | 21½ " |
| Chest              | 30-32 | 32-34 | 35-37 | 38-41 | 42-45 |

### YOUTH SIZES FOR UNIFORM TOP

|                    | YXXS     | YXS     | YS      | YM     | YL     |
|--------------------|----------|---------|---------|--------|--------|
| Center Back Length | 13"      | 13 ¾"   | 14 ¾"   | 15 ¾"  | 17 "   |
| Chest              | 20-21 ½" | 22-23½" | 24-25½" | 26-28" | 28-30" |

## SKIRT SIZING:

### ADULT SIZES FOR SKIRT

|        | AS       | AM      | AL          | AXL     | 2XL        |
|--------|----------|---------|-------------|---------|------------|
| Hip    | 31-33 ½" | 34-37½" | 38-40½"     | 41-43½" | 43½" -46½" |
| Length | 13 ¼"    | 14      | 14 ¾"       | 15 ½"   | 16 ¼"      |
| Waist  | 25-26 ½" | 27-29   | 29 ½"-31 ½" | 32-34   | 34 ½"-36"  |

### YOUTH SIZES FOR SKIRT

|        | YXXS     | YXS      | YS        | YM      | YL       |
|--------|----------|----------|-----------|---------|----------|
| Hip    | 22-23 ½" | 24-25½"  | 26-28½"   | 29-31½" | 32-34½"  |
| Length | 8 ¾"     | 9 ¾"     | 10 ¾"     | 11 ¾"   | 12 ¾"    |
| Waist  | 19½"-21" | 21½"-23" | 23½"-24½" | 25"-27" | 27½"-29" |

# 2010 Junior Saintsations

## Rules and Regulations

- 1- During all Junior Saintsation activities, no alcoholic or non-prescription drugs are allowed in your possession.
- 2- During all Junior Saintsation activities, you are not allowed to associate with anyone in an unsuitable manner, to be determined at the sole discretion of Junior Saintsation/St. All-Star Staff members.
- 3- During all Junior Saintsation activities, no smoking is allowed under any circumstances.
- 4- During all Junior Saintsation activities, you will not be allowed to leave any scheduled practice or activity without the expressed permission from an official Junior Saintsation/St. All-Star Staff member.
- 5- During all Junior Saintsation activities, you will, at all times, follow the direction of designated Junior Saintsation/St. All-Star Staff members.
- 6- During all Junior Saintsation activities, any violation of the Rules and Regulations, as well as rules and regulations (whether oral or written) of the Junior Saintsations/St. All-Star Staff and/or agency or business associated with St. All-Star (including, without limitation, class or rehearsal sites), will result in immediate dismissal from the Junior Saintsations. Inasmuch, St. All-Star has the sole discretion in determining if the Junior Saintsation should be removed from the group and returned home. If it is determined that the Junior Saintsation be removed from the group, the costs (membership fee, etc.) will not be refunded and the Junior Saintsation must turn in her costume and will not be allowed to participate in any other Junior Saintsation activities or events. The below signed parent/guardian agrees to indemnify and hold harmless St. All-Star in the implementation of these rules.
- 7- Junior Saintsation parents or guardians, as attested by the signatures below, assume complete financial responsibility for any and all damages resulting from the negligent and/or willful acts of their son/daughter(s).

We, the undersigned, understand the Rules and Regulations listed above and agree with the principles and application. We agree to hold St. All-Star LLC and their employees, representatives and agents harmless in the enforcement of these Rules and Regulations.

**PARTICIPANTS SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

*\*\*Please return this form with your initial Registration and Enrollment Form\*\**

# JUNIOR SAINTSATIONS DANCE TEAM

## RELEASE OF LIABILITY, WAIVER, COVENANT NOT TO SUE AND CONSENT TO RECEIVE ROUTINE AND EMERGENCY MEDICAL TREATMENT

FUNCTION \_\_\_\_\_ DATE \_\_\_\_\_

This form must be completed by each participant and returned to St. All-Star, LLC before the applicant may attend or participate in the above captioned program/function. This form may be released to any third party in order that the applicant receives medical care in the event of illness or injury. This form must be completed in full and the consent form must be signed below. Please Print or Type.

NAME \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ SOCIAL SECURITY NO. \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PARENT/GUARDIAN NAME \_\_\_\_\_  
PARENT/GUARDIAN HOME PHONE(\_\_\_\_\_) \_\_\_\_\_ WK PHONE (\_\_\_\_\_) \_\_\_\_\_ CELL (\_\_\_\_\_) \_\_\_\_\_  
FAMILY PHYSICIAN NAME \_\_\_\_\_ OFFICE PHONE (\_\_\_\_\_) \_\_\_\_\_  
ADDRESS \_\_\_\_\_ EMERGENCY PHONE \_\_\_\_\_  
CITY, STATE& ZIP \_\_\_\_\_ HOSPITAL \_\_\_\_\_

1. Date of last Tetanus Immunization or booster shot \_\_\_\_\_
2. Name of any medical condition for which participant is being treated at the present time \_\_\_\_\_
3. List all medications he or she is currently taking \_\_\_\_\_
4. List all medications participant is allergic to \_\_\_\_\_
5. List any restrictions of physical activity that apply to participant \_\_\_\_\_
6. Please detail any other medical information that you feel is important for the safety of participant \_\_\_\_\_

In consideration of St. All-Star, LLC (AS) the New Orleans Louisiana Saints and the National Football League (NFL) allowing persons to participate in the above captioned activity, participant consents to and/or agrees to the following:

1. I do hereby, for my child, myself and any or either of our heirs, administrators, executors, guardians, representatives, next of kin, forever WAIVE, RELEASE, DISCHARGE AND COVENANT NOT TO SUE St. All-Star, LLC, American All-Star, Inc., the New Orleans Louisiana Saints, and the National Football League and/or their respective representatives, officers, directors, employees, agents, successors, assigns, medical personnel and invitees (Releasees) for any and all damage and any claim therefore on account of injury to the person or property or resulting in death, whether caused by the negligence of Releases or others, while I am in any way engaged in or associated with activities and events organized or sponsored by St. All-Star, LLC or the NFL or connected with the above captioned activity. I further agree to indemnify, defend, and hold harmless "Releasees" from damages arising from my participation or association with activities and events organized or sponsored by Releasees.
2. MEDICAL TREATMENT CONSENT: I attest and verify that the participant is free from all illnesses, injuries or defects and is physically fit and sufficiently trained to participate in all activities associated with the program or event noted above. My child's participation in activities and events organized or sponsored by St. All-Star, LLC, the New Orleans Louisiana Saints, or the NFL is voluntary. I consent to administration of first aid and other medical treatment to my child in the event of injury or illness and release and indemnify Releasees from any and all liability or claims arising out of such treatment.
3. I hereby in perpetuity grant full permission to Releasees, as described above, to use any photographs, videotapes, motion pictures, recordings or any other record of activities of the above named program or event for any legitimate purpose. All photographs, resumes or other submissions taken by or given to AS shall be property of AS.
4. I understand the Release and Consent form as detailed in the Enrollment Packet. I agree with its principles and application. I fully support St. All-Star, LLC in the implementation of these policies and will reimburse AS for any costs incurred by AS in implementing these policies on my behalf.
5. AS cannot and shall not be responsible and/or liable for cancellation or any failure to provide services in connection therewith, if such failure is caused by Acts of God, including without limitation, the following: (i) restrictions upon travel, food, beverages, or supplies; (ii) travel delays; (iii) labor problems; and/or (iv) any other cause of whatever kind or nature which is beyond the control of St. All-Star, LLC. The undersigned specifically agrees to hold harmless the Releasees including AS for any liability resulting from actions taken or failed to be taken by the undersigned before, during, or after the event.

I hereby state that I am authorized to make this decision. I agree to indemnify, defend and hold harmless Releasees, as described above, from any loss, liability, cost, claim or damages whatsoever that may be imposed upon said Releasees because of any defect or lack of such authority to take the actions described herein on behalf of the undersigned participant. I have read and understand all of the above and voluntarily sign this document and further agree that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

PARENT/GARDIAN SIGNATURE \_\_\_\_\_ DATE SIGNED \_\_\_\_\_

# **JUNIOR SAINTSATIONS RELEASE AND CONSENT FORM**

The undersigned, individually and on behalf of all parties acting on her behalf (together, the "Participant"), hereby releases, indemnifies and holds harmless St. All-Star, LLC, the National Football League, the New Orleans Louisiana Saints, L.L.C., the Arena Football League, and each of their respective agents, employees, officers, directors, owners, partners, members, and all parties for whom they may be responsible, and if applicable, owners and lessors of premises used for the event, affiliates of any of the above-named entities or their affiliates, and the sponsors, promoters and all other persons or entities associated with the Junior Saintsations, from and against any and all claims, liabilities, damages, demands, costs and expenses (including, without limitation, liability for personal injury, death, and property damages) which may be suffered or which may arise or which may be in any way connected with the Junior Saintsations.

The Participant understands that the Junior Saintsations involve a significant degree of physical activity. The Participant certifies that she is in good physical health and condition and is free from injury or disability which might impair her ability to participate without limitation in the dance class, rehearsal or performance as a Junior Saintsation during the 2010 N.F.L. season.

The Participant certifies that all information provided by the Participant on this enrollment form is true, correct and complete in all material respects. The Participant hereby authorizes St. All-Star, LLC to investigate and confirm with third parties the correctness of any information provided by the Participant.

The Participant hereby consents to the use of her likeness, name and voice by St. All-Star, LLC, the New Orleans Louisiana Saints and the Saintsations in connection with their informational, promotional and marketing activities, including, but not limited to, use in or on photographs, electronic video and web based data and audio recordings or on the Saintsations web site, without compensation to the Participant.

I hereby confirm that I have read and have voluntarily signed this Release and Consent in consideration of the right for my child to participate in the 2010 Junior Saintsations, and that I fully understand its provisions.

**Junior Saintsation Name:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness' Signature:** \_\_\_\_\_

**Witness' Name (printed):** \_\_\_\_\_

*\*\*Please return this form with your initial Registration and Enrollment\*\**

2010

**CURRENT JUNIOR SAINTSATION MEMBER**

*(Only applicable to 2010 Junior Saintsations who participated in the August Performance)*

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_ August Group #: \_\_\_\_\_

Big Sis Saintsation's Name: \_\_\_\_\_

\_\_\_\_\_ Yes, I wish to participate in the December workshop on the 4<sup>th</sup> and perform with the Saintsations for the halftime show on December 12<sup>th</sup> during the St. Louis Rams vs Saints Game.

Enclose the \$100.00 workshop fee with this form to:

New Orleans Saintsations  
St. All-Star, LLC  
P O BOX 1062  
Mandeville, LA 70470

*Upon receipt, you will receive an e-mail confirmation.*